



CRISAL RODRIGUEZ

LIVE POET · DANCER ·
SCIENCE COMMUNICATOR

PERFORMING

I had the honour to collaborate with established top projects such as Barcelona Poesia, Researchers Night, TNC, CCCB, Palacio Cibeles, Cosmocaixa and Castell de Montjuïc.

ABOUT ME

Guided by the scientific method and contemplation, I question what makes us human. With tenderness, humor and blunt honesty.

I ride between science and science-fi, creating new and updated narratives to live more sustainably.

I share knowledge from embodied cognition, biomimicry and health prevention fields.

EDUCATION

BACHELOR'S DEGREE ON BIOLOGY. 2004-2009

Focus on neuroscience and human health. Research on neuropsychology.

PERFORMING ARTS TRAINING. 2013-2021

Dance, theatre, experimental theatre and performance art

LANGUAGES

- English. Advanced/C1 level.
- Spanish and catalan. Native.

○ LIVE POETRY AND DANCE 2012 - Present

- Exhibitions and competitions of Poetry Slam. Biennial de Pensament, Festival Elixir, Joglars sXXI. Multiple winner and finalist in national Slam Poetry competitions. Since 2016.
- *Ballant amb nanopartícules*: interactive show of nanoscience, dance and poetry. Researchers Night (Cosmocaixa); Biennial de Ciència. 2021.
- Science poem exhibition on demand by the expo Ciència Fricció. Museum CCCB. 2021.
- TV intervention in Deslenguados. La ciencia. TV2. 2021.
- *Des-conectados*. Poetry, dance and neuroscience. Festival Ciència a escena. 2020.
- Ending of International Forum of Loneliness, health and caring (Palacio Cibeles). Performance, Madrid. 2018.
- Improv shows winner. 2017-2018.
- Previous work: *Amor y otros Químicos* (2014), *Es que yo soy así* (2015), *Origen* (2016).
- MC live events. Since 2012.

○ PERFORMATIVE CONFERENCES. 2012 - Present ART/SCIENCE EVENTS

- Director of Con.Ciencia and ACTION! Festival. Art/science mics, transdisciplinary events and cultural heritage innovation. Collaboration with libraries and government. Since 2012.
- Art coordination and creative collaborator in partnership. March for Science, 2017. Biennial Congress of the Spanish Neuroscience Society. 2015.



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El Masnou, Barcelona. Spain.

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TEACHING

Teaching is one strand of my DNA. I truly believe in the revolutionary power of being open to the unknown and learning what is life, how things work and its implications.

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I ride between science and science-fi, creating new and updated narratives to live more sustainably.

I share knowledge from embodied cognition, biomimicry and health prevention fields.

SKILLS

- Live poetry
- Contact Improvisation and contemporanean dance
- Neuroscience broadcasting
- Highly pedagogical
- Empathy and active listening.
- Divergent thinking and problem-solving.

LANGUAGES

- English. Advanced/C1 level.
- Spanish and catalan. Native.

○ AT THE UNIVERSITY 2017 - Present

BAU. College of Design

- Development of voice, movement and physical intelligence. Teacher of "Taller d'Expressió i comunicació".

○ AT THE HIGH SCHOOL: 2017 - Present POETRY SLAM WORKSHOPS

- Development of communication and emotional skills. Teamwork. At several high schools, community and governmental projects. At Barcelona, Santa Coloma de Gramenet, Sant Boi de Llobregat, Hospitalet de Llobregat, Igualada and Parets del Vallès.

○ COACH AND PRIVATE TUTOR 2004-2019

- Neuroscience, Psychobiology, Pharmacology, Physiology, Genetics of Behaviour, Biology.
- Neurodivergency.
- Biology teacher of the reference, online learning project Unprofesor.com. Since 2013.



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FORMAL EDUCATION

- **BACHELOR'S DEGREE ON BIOLOGY** 2004-2009
UAB. Universitat autònoma de Barcelona.
 - Focus on human health and neurosciences.
 - Research on neuroscience and psychology (UPF, Sant Joan de Dèu).
- **PERFORMING ARTS TRAINING** 2013-2021
 - Research in dance, physical theatre, text-based theatre and new dramaturgy. I started regular training after several years of self-learning through street theatre and experimental theatre.
 - Keep Moving Method, by Mercedes Boronat. Training in real-time creations born from Katsugen, breathing consciousness, and contemporary dance (Graham, Limon, and Release techniques).
 - Contemporanean dance. Contact improvisation with Ramón Roig. Developing my proprioception and technical skills.



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KOSMOPOL



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