



CRISAL RODRIGUEZ

ARTIST AND COMMUNICATOR WWW.CRISALRODRIGUEZ.COM

GOALS

- To create a culture in which sensitivity, critical thinking, and sustainability are core life values.
- To collaborate with people and entities aligned with this mission.
- To create a positive impact on the community.

SKILLS

- Creativity
- Making the difficult easy
- Happiness and sense of humor
- Humanity
- Leadership and teamwork
- High-level communication and active listening abilities
- Conflict resolution
- Ability to work under pressure
- Adaptability

LANGUAGES

- English: B2/C1
- Bilingual Native: Catalan – Spanish

EXPERIENCE

• PERFORMER • 2012 TO PRESENT

- Performer and poet. Outstanding shows on the Poetry Slam contest circuit (winner in Barcelona, finalist at the 2017 National Competition), at Palacio Cibeles and La Residencia de Estudiantes (Madrid), Fringe Festival (Edinburgh), Campus Gutenberg 2017, Pint of Science 2017 and Barcelona Gallery Weekend 2015 (Barcelona).
- Workshops in collaboration with the network of spanish libraries.
- Competitor in literary and philosophy improv shows.
- I've danced with choreographers such as Tamara Cubas (MNAC, Mercat de les Flors) and Mercedes Boronat, sharing interest in fine pieces of work focused on empowering the community and promoting health and awareness.

• POETRY SLAM FACILITATOR • 2017 TO PRESENT

- At several high schools and community projects (Barcelona, Santa Coloma de Gramenet, Sant Boi de Llobregat).

• UNIVERSITY TEACHER IN CREATIVITY AND COMMUNICATION • 2018 TO PRESENT

- BAU, College of Design (Barcelona).

• CREATIVE ENTREPRENEUR IN SCIENCE OUTREACH • 2012 TO PRESENT

- Director of CON.CIENCIA, a cross-disciplinary cultural innovation brand, and ACTION! Festival, an international performance, poetry and science festival. www.actionfestival.com.es
- Creative collaborator in science communication at the Biennial Congress of the Spanish Neuroscience Society 2015. Artistic coordinator for March for Science 2017. Events and workshops in collaboration with Scientists Dating Forum.
- Online biology lessons (all ages) in collaboration with the educational reference website www.unprofesor.com



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• PRIVATE TEACHER AND EDUCATIONAL COACH • 2004 TO 2019

High-performance support to students at all levels in health sciences and biology: neuroscience, psychobiology, physiology, pharmacology, cellular and molecular biology. Specialist in university-level study techniques and access exams.

EDUCATION

• TRAINED IN DANCE AND THEATRE • 2015 TO PRESENT • KEEP MOVING METHOD BY MERCEDES BORONAT (BARCELONA)

Training in real-time creations born from Katsugen, breathing consciousness, and contemporary dance (Graham, Limon, and Release techniques).

I combine this with classical dance training to expand my technical skills and proprioception.

• TRAINED IN PERFORMING ARTS • 2012-2015 • COL·LEGI DE TEATRE, MOVEO, AND ESCOLA INTERNACIONAL DE TEATRE (BARCELONA)

Research in physical theatre, text-based theatre, and new dramaturgy. I started regular training after several years of self-learning through street theatre and experimental theatre.

• BACHELOR'S DEGREE IN BIOLOGY • 2004-2009 • UAB (BELLATERRA, BARCELONA)

Focus on human health and neuroscience. Research on neuroscience and psychology.



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VOLUNTEER EXPERIENCE

I was lucky enough to grow up surrounded by people with functional diversity and to enrich my perception of life with their experiences. This motivated me to volunteer as a youth worker and caregiver for people with functional diversity, as well as become a creative volunteer working with groups of people with mental illnesses and addictions.



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